

## February 2019 Lunch Menu

### Harvest Of The Month \* Dried Beans \*

Menu subject to change. Please notify kitchen staff of any food allergies before ordering.

got questions? contact... [jdevivo@mvvps.org](mailto:jdevivo@mvvps.org)

The USDA is an equal opportunity provider.

<b>AVAILABLE EVERY DAY....</b> Garden Salad Box or Egg, Chicken or Tuna Salad Sandwich, Veggie Sticks, Fresh Fruit & Milk	<h1>get lunch!</h1>	<h1>get lunch!</h1>	<h1>get lunch!</h1>	<b>1 CATCH OF THE DAY</b>  Seafood Paella, Steamed Carrots, Fresh Fruit & Milk
<b>4</b>  Pasta with Nut Free Pesto, Caesar Salad, Fresh Fruit & Milk	<b>5</b>  Beef or Veggie Tacos, Shredded Lettuce, Diced Tomatoes & Cheese, Fresh Fruit & Milk	<b>6</b>  Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit & Milk	<b>7</b>  BBQ Chicken, Steamed Corn, Tator Tots, Fresh Fruit & Milk	<b>8 CATCH OF THE DAY</b>  Baked Salmon, Steamed Peas, Lemon Garlic Egg Noodles, Fresh Fruit & Milk
<b>11</b>  Pasta w/ Meatballs & Marinara Sauce, Caesar Salad, Fresh Fruit & Milk	<b>12</b>  Cheese & Bean Burrito, Mexican Spiced Veggies, Fresh Fruit & Milk	<b>13</b>  Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit & Milk	<b>14</b>  Whole Wheat Pancakes, Breakfast Sausage, Veggie Hash, Fruit Smoothie & Milk	<b>15 CATCH OF THE DAY</b>  Seafood Ramen, Veggie Sticks, Fresh Fruit & Milk
<b>18</b>  <h1>NO SCHOOL</h1>	<b>19</b>  Chipotle Chickern or Veggie Rice & Bean Bowl, Mexican Slaw, Fresh Fruit & Milk	<b>20</b>  Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit & Milk	<b>21</b>  Lemon Herb Turkey Kebab, Greek Salad, Whole Grain Flatbread, Fruit Smoothie & Milk	<b>22 CATCH OF THE DAY</b>  Baked Fish w/ Cracker Crumb, Steamed Green Beans, Mashed Sweet Potatoes, Fresh Fruit & Milk

# NO SCHOOL ~FEBRUARY BREAK~