

## September 2018 Lunch Menu

Harvest Of The Month \* **TOMATOES** \*

Menu subject to change. Please notify kitchen staff of any food allergies before ordering.

got questions? contact... [jdevivo@mvvyps.org](mailto:jdevivo@mvvyps.org)

This USDA is an equal opportunity provider.

<p><b>AVAILABLE DAILY...</b></p> <p>Garden Salad Box or Egg, Chicken or Tuna Salad Sandwich, Veggie Sticks, Fresh Fruit &amp; Milk</p>	<p><b>4</b></p> <p>Beef or Veggie Enchiladas, Mexican Spiced Veggies, Fresh Fruit &amp; Milk</p>	<p><b>5</b></p> <p>Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit &amp; Milk</p>	<p><b>6</b></p> <p>BBQ Pulled Pork or Veggie Burger, Steamed Corn, Sweet Potato Fries, Fresh Fruit &amp; Milk</p>	<p><b>7</b></p> <p>Homemade Fish Chowder, Cornbread, Veggie Sticks, Fresh Fruit &amp; Milk</p>
<p><b>10</b></p> <p>Pasta w/ Marinara Sauce &amp; Meatballs, Caesar Salad, Fresh Fruit &amp; Milk</p>	<p><b>11</b></p> <p>Cheese Quesadilla, Tomato, Corn &amp; Black Bean Salad, Fresh Fruit &amp; Milk</p>	<p><b>12</b></p> <p>Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit &amp; Milk</p>	<p><b>13</b></p> <p>Grilled Cheese Sandwich, Summer Veggie Soup, Fresh Fruit &amp; Milk</p>	<p><b>14</b></p> <p>Oven Baked Fish, Herb Lemon Butter, Rice Pilaf, Steamed Carrots, Fresh Fruit &amp; Milk</p>
<p><b>17</b></p> <p>Veggie Lasagne, Caesar Salad, Fresh Fruit &amp; Milk</p>	<p><b>18</b></p> <p>Shredded Chicken or Veggie Tacos, Mexican Slaw, Black Beans, Fresh Fruit &amp; Milk</p>	<p><b>19</b></p> <p>Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit &amp; Milk</p>	<p><b>20</b></p> <p>Sloppy Joes, Steamed Green Beans, Oven Fries, Fresh Fruit &amp; Milk</p>	<p><b>21</b></p> <p>Mediterranean Fish Stew, Mashed Potatoes, Fresh Fruit &amp; Milk</p>
<p><b>24</b></p> <p>Pasta w/ Nut Free Pesto, Caesar Salad, Fresh Fruit &amp; Milk</p>	<p><b>25</b></p> <p>Beef or Veggie Fajita Mexican Spiced Veggies, Fresh Fruit &amp; Milk</p>	<p><b>26</b></p> <p>Cheese or Pepperoni Pizza, Garden Salad, Fresh Fruit &amp; Milk</p>	<p><b>27</b></p> <p>Chicken Salad or Veggie &amp; Cheese Wrap, Veggie Sticks, Fruit Smoothie &amp; Milk</p>	<p><b>28</b></p> <p>Oven Baked Fish &amp; Chips, Steamed Broccoli, Fresh Fruit &amp; Milk</p>